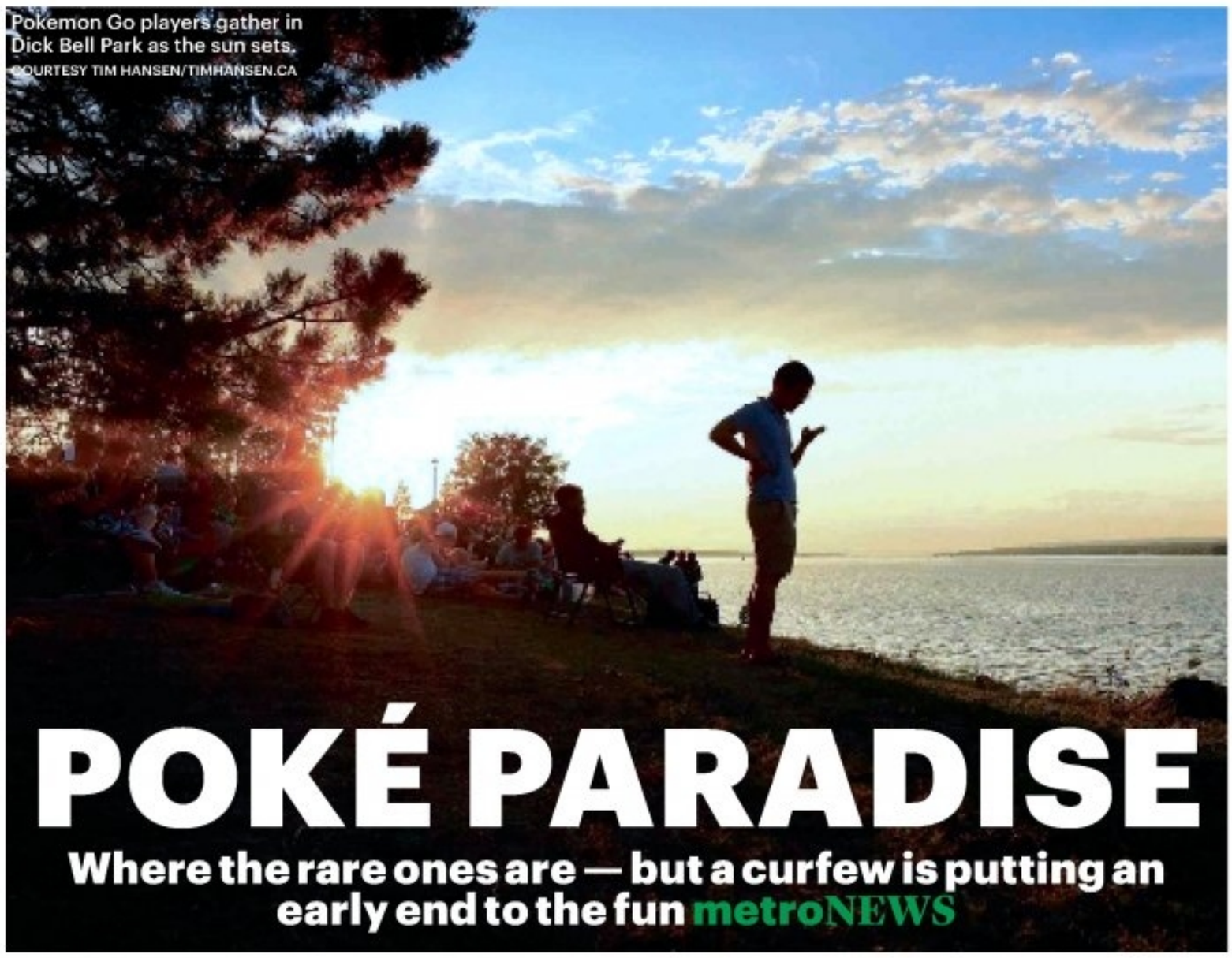
CLOTHING KERFUFFLE

AN OC TRANSPO DRIVER STEPS IN IT ...AGAIN metroNEWS

Ottawa metro

Your essential daily news | WEEKEND, AUGUST 12-14, 2016 | High 31°C/Low 18°C Mainly cloudy with a chance of rain



Pokemon Go players gather in Dick Bell Park as the sun sets.
COURTESY TIM HANSEN/TIMHANSEN.CA

POKÉ PARADISE

Where the rare ones are — but a curfew is putting an early end to the fun metroNEWS

Feds repaying workers hit by payroll glitch

OUT-OF-POCKET EXPENSES

Thousands of public servants had to borrow, max out credit

The federal government plans to cover out-of-pocket expenses its workers have incurred as a result of problems linked to the troubled Phoenix payroll system.

Thousands of workers who haven't been paid in months have been forced to borrow money or max out their credit cards to pay their bills while the government sorts out problems with the new pay system.

Workers will have to apply through a claims process likely starting in September to have the government cover these expenses, but officials didn't estimate how much this will cost.

Federal workers who have been overpaid and need to repay the government will have the repayments spread out over the coming months to avoid a lump sum coming off one paycheque.

Wednesday was payday for federal workers and officials say 296,470 workers received their regular paycheques and thousands more payments were made for things such as overtime. THE CANADIAN PRESS

THE PHOENIX

The Phoenix system oversees the pay of 300,000 federal public servants, but more than 80,000 workers have either been overpaid, underpaid or missed entire paycheques since it launched in February.

metro NEWS
Your essential daily news

Huffington Post co-founder Arianna Huffington departs company to head health startup.

From left, Lesley Marshall (musician, Bonnie Doon), Peter Simpson (music journalist), Marie LeBlanc Flanagan (executive director, Weird Canada), and Rolf Klausener (Creative Director, Arboretum Music Festival) host a talk during last year's Arboretum Festival. COURTESY RUBICONPHOTOGRAPHY.COM

Arboretum sure to create buzz

BACKSTAGE PASS

Music fest brings culture, industry talks together

Trevor Greenway
Metro | Ottawa

There's nothing at all "progressive" about the way Arboretum Music Festival runs its weekend sonic fête, if you're Rolf Klausener.

The praise and plaudits the enlightened festival receives for its deep cultural and economic connections, its commitment to balance gender among its headliners and the lengths the Arboretum crew go to acknowledge the unceded First Nations territory on which it sits is just the way Klausener and crew have always approached music.

"To understand and appreciate music in a holistic way and a bigger way, it's important to understand the things that influence music, and that's everything," says Klausener, creative director of the fest.

"It's architecture, it's social history, it's your community, it's the environment. All these things affect songwriters, they affect musicians, they affect cities that musicians live in. We see music as one part of the cultural fabric and we like the idea of using a music festival as a vehicle for understanding the world around us."

That's why Klausener and his co-director Stéfanie Power didn't just book Dan Boeckner's post-punk side project Operators or Toronto's electro pop experimentalists Doomsquad, or Canadian legends Sloan to headline their August music fest. They also booked top industry gurus like Music Canada Live's Erin Benjamin, local sonic genius Mike Dubue of Hilotrons and music writer Andrea Warner, who will lead a discussion on sexism in the music industry.

The weekend fest features a total of 10 music-focused talks on everything from the challenges of putting on an all-ages show and the transforming role of record labels to industry meet and greets and expanding into Quebec.

This is what makes Arboretum so special — the fact that organizers aren't out to pack the fest with mainstream headliners, drunk bros, or binge-drinking misfits who will likely leave a trail of disaster behind them. Instead, Klausener and crew use the fest as an opportunity to bring culture, art and economics together in one collective, cohesive discourse — conversations that are fun, informative and sometimes very difficult.

Ian Capstick knows just how intense the Reconcile This talk could get at Festival Village Saturday, August 20.

The co-founder and creative director of MediaStyle has lined up an impressive roster of panelists, including Jeffrey Cyr, the former executive director of the National Association of Friendship Centres; Tim O'Loan of the Truth and Reconciliation Commission; Hillory Tenute of the Chippewas of Nawash First Nation, and a handful of other experts who will dive deep into the relationship between indigenous and non-indigenous people, the barriers facing the commission and push the question of how we can all work together to acknowledge and respect the unceded land on which Ottawa is built. But Capstick knows that a few afternoon hours of enlightened discourse won't fix the many issues plaguing aboriginal communities in the region. But it's about starting that discourse.

MORE INFO

Check out the lineup at arboretumfestival.com.

"I hope it starts to kick off conversations that we rarely have at music festivals," says Capstick. "(It) is more than just a music festival. It's really a festival of ideas and action."

Part of what makes these conversations possible is the vibe that Arboretum has created over the past five years — and the conscious minds who are drawn to it. One day at Arboretum feels nothing like a mainstream weekend music festival where you are blasted with constant headlining music for hours until you've guzzled enough beer in the sun to feel ill. The folks who show up at Arboretum are ready for more than just music — they're ready to change the world.

"If folks are coming to Reconcile This, they can feel comfortable that the space that we are creating is going to honour the call to action of the Truth and Reconciliation Commission, that it's going to honour the land that we are on and the people that we are seeking to be allies with," says Capstick.

Reconcile This: A Workshop on Indigenous Allyship begins at 1 p.m. at Ottawa City Hall on Aug. 20.

Rider files complaint after shoe comment

TRANSIT

Woman who ran for bus 'taken aback' by driver

Emma Jackson
Metro | Ottawa

OC Transpo is looking into its second dress code complaint in a week, after a customer was called out for wearing high heels Thursday morning.

Shaunette Simon said she had to run for the westbound 103 at St. Laurent station because it was hidden behind a long queue of buses.

> We're not here to judge people on how they dress.
> John Manaconi

It was pulling out to leave before reaching the actual stop, Simon said.

The driver did let her on, but according to Simon the driver rolled his eyes, "looked me up and down," and told her, "'if you weren't wearing high heels, you'd be able to run for the bus.'"

Simon said she was "taken aback" and embarrassed in front of her fellow passengers.

"I was like, 'Where do you get off telling me what is appropriate attire for me to be going to work in?'" Simon said.

"I wear heels every day. Why am I running for the bus other than you're not at the stop?"

She filed a formal complaint, which OC Transpo's assistant general manager Troy Charter said staff will investigate.

It's the second time this week drivers have been caught commenting on customers' clothing.

An 18-year-old was kicked off an 86 bus last Sunday after the driver said her crop top and jogging pants were "vulgar."

Still, Charter said these remain "a rare occurrence" on the transit system, and when they do happen, they're taken seriously.

"Whenever we get a complaint like that its something we need to be concerned about," said Charter.

OC Transpo doesn't have a customer dress code – nor should it, transportation manager John Manconi stressed earlier this week.

"We're not here to judge people on how they dress," Manconi said.

Simon said she's seen drivers make similar comments to other passengers — usually women — but had never spoken up until now.

Shaunette Simon said she ran for the bus Thursday morning before the driver mocked her for wearing these high heels.
COURTESY SHAUNETTE SIMON

POLICY

Bayshore mall to go smoke-free

Lucy Scholey
Metro | Ottawa

Smokers will be asked to butt out or leave the Bayshore Shopping Centre property starting Monday.

The west-end mall announced a new non-smoking policy that applies to not only the inside, but also to the outside of the building. That will mean no smoking near the entrance, parking areas or sidewalks. According to a news release, it's the first Ottawa mall to go completely smoke-free, inside and out.

Denis Pelletier, general manager of the Bayshore Shopping Centre, said mall authorities made the decision after hearing complaints from shoppers.

"We're not trying to go after people who smoke," he said. "We're trying to encourage people not to smoke near this building because it's having an impact on others."

Shoppers will see new no-smoking signs around the mall, and the outdoor ashtrays removed.

There will be no lighting up at the Bayshore Shopping Centre after hours, either. The property is already monitored 24/7 and security will now be keeping their eyes peeled for clouds of smoke.

Smokers won't be fined, noted Pelletier. They will just be asked to leave.

The City of Ottawa banned smoking in all public spaces and work places in 2001. The city went smoke-free in 2012, banning smoking in parks, beaches and municipal spaces.

SOCIAL MEDIA

Government tweet incites backlash

A "spirit animal" tweet from a federal government Twitter account sparked social media outcry on Thursday, with many demanding an apology for what they say is a culturally offensive term.

Using the @Canada Twitter account, someone posted a photo of the Royal Coat of Arms with the caption: "We think the lion is Canada's spirit animal. Proof? It's on our Royal Coat of Arms #WorldLionDay".

"Using the term 'spirit animal' is disrespectful of indigenous cultures," tweeted Alexis Kienlen, an Edmonton-based writer.

The tweet was later deleted, but many are left outraged.

"The @Canada account made ignorant, insensitive 'spirit animal' joke. Should retract and apologize," said Western University computer science professor Dan Lizotte.

"Spirit animal" has become a trendy term in recent years. People have adopted everything from Grumpy Cat to Beyonce as their "spirit animals."

Rodney Nelson, co-ordinator of the Aboriginal Enriched Support Program at Carleton University's Centre of Initiatives in Education, said spirit animals are rooted in indigenous history, acting as guides or protectors.

"Saying that your spirit animal is, let's say a wolf, just because you like wolves – there's a lot more to it," he said. However, he said he does not believe the government tweet was malicious.

"I think that it's more of an opportunity to learn about it."

No one from the government responded to questions about the tweet. LUCY SCHOLEY/METRO

EDUCATION

Algonquin handing campus back to Saudi Arabia

Joe Lofaro
Metro | Ottawa

Algonquin College said it is handing over responsibility of its men-only campus back to officials in Saudi Arabia.

The move comes after calls earlier this year for Algonquin to close the foreign school in Jazan, Saudi Arabia after it reported a net lost of $1.486 million last year.

The Ontario Public Service Employees Union raised concerns not only about the school's financial struggles, but also questioned why Algonquin partnered with the country in the first pace.

"We've been opposed from the get-go — even if we do make money — because we don't think we should be partnering with a country that has such a flagrant abuse of human rights," Jack Wilson, vice-president of the OPSEU local 415, said in January.

On Thursday, Algonquin said in a news release it hopes to secure the transfer in time for the fall term, which begins on Sept. 18.

"After more than a year of negotiation, we were unable to come to an agreement that would have met our financial objectives," Algonquin College President Cheryl Jensen said in the release.

"We have said from the beginning that the Jazan Campus must be financially viable for us to continue operating."

Algonquin was supposed to operate the Jazan campus until 2018 after wining a bid in 2013.

The estimated cost of the transfer is $4.3 million, which the college said will be funded through "existing International and Ancillary contingency reserve funds," and not come at a cost to taxpayers.

"International operations at the College are not funded by the provincial government," said Doug Wotherspoon, vice-president of international and strategic planning.

"I think it's important that taxpayers understand that revenues from other non-funded operations will offset any losses incurred by our Jazan campus."

Wotherspoon was staunch supporter of the foreign campus, and defended the partnership with Saudi Arabia as an attempt to modernize the country's education system.

He also said in January he had expected Jazan campus would eventually turn a profit.

WITH FILES FROM HALEY RITCHIE

IN BRIEF

Canada Army Run rolls out new rules for bag checks

Canada Army Run organizers say their new official race bag will be the only thing accepted at bag check this year — but it's not for security concerns.

"It's easier on the volunteers," said spokesperson Jeff Moyle, who said uniform bags make for a more efficient and organized system. Volunteers usually collect and tag approximately 2,000 bags before the race, Moyle said, and it can be chaos.

The new drawstring shoe bags do have a transparent mesh back, which Moyle said will make them easier to inspect if necessary. The Sept. 18 event will raise funds for Soldier On and the Military Families Fund.
EMMA JACKSON/METRO

Clarification

In the Aug. 11 Metro edition, we incorrectly stated that I Am the Pretty Thing That Lives in the House is the first Ottawa-made film to air on Netflix. We should have specified it's the first narrative film. Ghostheads, an Ottawa-produced documentary about Ghostbusters fans, aired on Netflix last month.

POLICE COMPLAINT

Agency would have 'thoroughly' investigated chief, says director

Joe Lofaro
Metro | Ottawa

The director of a civilian oversight agency said he would have "thoroughly" investigated an allegation of misconduct against Ottawa Police Chief Charles Bordeleau if it weren't for a clause in the legislation that governs police officers in Ontario.

On Wednesday, another oversight body — the Ontario Civilian Police Commission (OCPC) — said Bordeleau was cleared of wrongdoing after receiving a complaint that he called the provincial offences court on Jan. 25 about his father-in-law's traffic ticket.

But Ottawa Police Association President Matt Skof originally filed the complaint of a potential conflict of interest to the Office of the Independent Police Review Director (OIPRD), which is responsible for investigating complaints about police conduct in Ontario.

The police watchdog couldn't investigate the allegation because section 58 of the Police Services Act prohibits police officers from making complaints about members of their own police force.

The police board referred the case to the other oversight body, the OCPC.

Skof alleged not one Ottawa police officer was interviewed by the OCPC.

> **They're very upset. They've expressed that to the association in large numbers.**
> Matt Skof

OIPRD director Gerry McNeilly said in an interview Thursday he would have interviewed all witnesses before coming to a conclusion.

"If I was able to deal with that matter — I can't legislatively — but if I was able to deal with that matter we would have investigated that matter fully and thoroughly and that means we would have interviewed the chief, we would have interviewed other people, we would have interviewed Mr. Skof who filed the complaint," said McNeilly.

"We would have interviewed him to get the information and the evidence to allow us to make a decision in the matter. What another body has done, I'm not going to comment on."

The director said this is the first time in his six years as director that he has received a complaint about a police chief from a police association.

The OIPRD is the appropriate venue to probe such complaints, according to Skof, who said members are frustrated with the OCPC's decision.

"They're very upset. They've expressed that to the association in large numbers," said Skof.

"The members have expressed clearly that they've lost confidence in the police executive."

Bordeleau did not respond to a request for comment.

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5 THINGS TO DO IN THE CITY THIS WEEKEND

Head to the country for garlic and a demolition derby or stay in town for a taste of Greece or South Asia.

Haley Ritchie
Metro | Ottawa

1 Greek Fest — All Weekend

GreekFest kicked off on Thursday but continues all week long with music, food, drinks, dance, art and lots of fun activities for kids. On Saturday the festival opens from 12 p.m. to 11 p.m. and Sunday starts early at 9:45 a.m. to 11 p.m. Both days include dance performances, cooking demos, olive oil tasting and the evening "Zorba" show. Festivities take place at 1315 Prince of Wales Drive and admission is free.

2 Carp Garlic Festival — All Weekend

"Garlic, garlic and more garlic" is the tag line for this festival in Ottawa's west end. There will be fresh garlic bulbs, garlic braiding demos, cooking demos, garlic decorations, a garlic contest and garlic tasting. Celebrate this simple and essential ingredient on Saturday from 8 a.m. to 3 p.m. and Sunday from 10 a.m. to 3 p.m. at the Carp Farmers' Market.

3 South Asian Fest (Friday and Saturday)

This free festival spans three days offering family-friendly South Asian entertainment, cuisine, and performers from Ottawa and around the country. Head to Ottawa City Hall on Saturday from 11 a.m. to 8 p.m. for an all-day outdoor party. Evening performers include Dohl Circle, Johnny Hans and DJ Argun and admission is free.

4 Navan Fair and Arnprior Fair

There's two summer country fairs this weekend in and around Ottawa — one in the east and one in the west, offering everyone a chance to pet some barnyard animals and ride the Ferris wheel. Arnprior festivities take place at the Arnprior fairgrounds and include a demolition derby, miniature horse show and a car show (Aug. 11 – 14). The Navan Fair promises to be "udderly awesome" with a demolition derby, antique tractors, a parade and educational barn (Aug. 11 – 14).

5 Asinabka Arts Festival

Indigenous artists and creators are the focus of this summer arts festival, which highlights a huge variety of indigenous filmmakers, musicians and visual artists from around the world. The festival kicked off Wednesday night but continues this weekend with film screenings, a gallery crawl and a music night on Saturday followed by more (indoor and outdoor) film screenings at SAW Gallery and an after party on Sunday at Kinki Lounge.

SCULPTURE BY STEVEN PAUL JUDD

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Parks ban stymies Pokémon Go fans

RECREATION

Gamers want to discuss the city bylaw imposing 11 p.m. curfew

Haley Ritchie
Metro | Ottawa

Pokémon Go players getting kicked out of the city's parks and fined for using them after dark are frustrated by a long-standing bylaw that is cutting short their game time.

The wildly popular Pokémon game, released earlier this summer, uses a GPS to combine the smartphone game with the physical streets and landmarks of cities around the world.

Players in Ottawa recently discovered that Dick Bell Park in Bayshore attracts an exceptional number of rare pokemon and the park has attracted hundreds of players.

Parking woes — to the tune of $12,000-worth of parking tickets — have quickly followed. But many players were also fined after being caught unaware of a municipal bylaw that bans activity in city parks after 11 p.m.

The city-imposed curfew prompted Meagan Hanes, an Ottawa-based web developer and Pokémon Go player, to ask Mayor Jim Watson and Bay Ward councillor Mark Taylor to consider options around changing the law.

Right now Hanes said she isn't demanding the bylaw be changed to allow late-night playing — what she wants is to open a dialogue with the city that involves Pokémon Go players and other users of the park.

Taylor said he's been contacted by a number of Pokémon Go players about the bylaw, but said he supports the law for safety reasons.

"There's not many good things you can do — at least before Pokémon Go — in a park at 2 a.m.," said Taylor, who said the laws are meant to protect people from accidents in the park and discourage criminal activity.

"If it was a small number of people it might be less of a problem, but when you get several hundred people in a park after hours in the dark, there's potential for people to get hurt," he said.

Hanes said she was disappointed that neither the councillor or the mayor seemed open to at least looking at the issue, especially when museums and businesses have welcomed the community.

"I don't know what the answer is, I just want to have a discussion," she said. "I'm a little confused, to be honest, why the City of Ottawa isn't using this as positive momentum. We're a tech community, we're a tech city — I guess it's interesting we're not fully embracing this."

> **We're a tech city — I guess it's interesting we're not fully embracing this.** Meagan Hanes

Pokémon Go players gather in Dick Bell Park as the sun sets. The park has attracted a large number of players because of the high volume of rare pokemon. COURTESY TIM HANSEN/TIMHANSEN.CA

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Terrorism suspect Aaron Driver was killed in a confrontation with police in Strathroy, Ont. JOHN WOODS/THE CANADIAN PRESS

A young man turned radical

Aaron Driver was from a military family and converted to Islam as a teenager, a source says

Before his infamy as a self-proclaimed Islamic terrorist, Aaron Daniel Driver led a troubled life in which his mother died when he was young and he left home as a hard-partying teenager, a source told Torstar News Service.

The 24-year-old was killed Wednesday afternoon — just a week before his birthday — in a confrontation with the RCMP on a quiet street in Strathroy, Ont.

Mounties received a warning Wednesday morning from the U.S. Federal Bureau of Investigation that an attack on a major urban centre was planned for some time in the next three days.

The tip led the RCMP, who were working with other police agencies, to Strathroy, where Driver was killed. He was already under surveillance by the Mounties for possible ties to Daesh and had been arrested and released on a peace bond restricting his movement in June 2015.

> **We thirst for your blood.**
> Aaron Driver, in a video Mounties received from FBI

Police on Thursday played a video given to them by the FBI, which shows Driver in a balaclava as he threatened violence against Canada in the name of Islam. "We thirst for your blood," he said.

How did the young man, born to a military family, come to utter such a phrase to his fellow Canadians?

He was born in Saskatchewan on Aug. 18, 1991. His parents were said to be Christians, and he had two older siblings. Hardship seems to have started early for Driver. The family house burned to the ground when he was 4, and his mom died of a brain tumour in 1999, according to a source close to Driver.

Around that time, he started to close himself off from his family and friends and wouldn't accept professional counselling, the source said.

Being from a military family, Driver also moved around a lot as a kid. From the time he was born to when he was 16, the family lived at more than 20 different residences, the source said.

It was around that time that 16-year-old Driver moved out to live on his own. In his February 2015 interview with Torstar's Allan Woods, in which he spoke under his pseudonym, "Harun Abdurahman," Driver explained that he was "tired of the lifestyle" he was living and "took full advantage" of his new-found independence and "partied a lot."

He said he found Islam when he was about 17 and renounced the Christian faith.

Speaking with Torstar last year, Driver said his family lived in a different city when he made his religious conversion. He said he was motivated by what he saw as negative portrayals of Muslims and Islam in the media, as well as "empty spaces" in Christianity that didn't make clear how to live a good life devoted to the religion.

It's unclear how Driver radicalized. At the time of his interview with Torstar, he said he had been contacted by a Canadian intelligence official, who asked him about his beliefs regarding his religion and Daesh.

Driver believed he drew the government's interest after he tweeted a video of a Canadian fighting with Daesh, John Maguire, calling on others to follow the example of the attackers on Parliament Hill and in St-Jean-sur-Richelieu, Que., in the fall of 2014. TORSTAR NEWS SERVICE

Timeline of a thwarted terror plot

A timeline in the case of Aaron Driver, suspected of planning terrorist activities who was killed in a confrontation with RCMP:

1. December 2014: RCMP receive a complaint from a member of the public about social media posts under the alias Harun Abdurahman and open an investigation.
2. Feb. 20, 2015: Driver gives an interview to The Toronto Star under that alias where he talks about his support of Daesh, adding "the government already knows who I am … I know they're monitoring me."
3. April 2015: RCMP say Driver is in contact with a youth in the U.K. who was later arrested for his role in an Islamic-inspired terror plot targeting Australia.
4. May 2015: RCMP say Driver is communicating with two well-known members of Daesh, but investigators can't establish the nature of the communication.
5. June 4, 2015: Manitoba RCMP swarm a Winnipeg home where Driver is staying. RCMP say they find a recipe to make homemade bombs on his computer. Driver is taken into custody.
6. June 5, 2015: RCMP apply for a peace bond against Driver.
7. Feb. 2: Driver's lawyer and the Crown agree to a peace bond. The bond acknowledges there are "reasonable grounds to fear that he may participate, contribute directly or indirectly in the activity of a terrorist group." Driver takes up residence in Strathroy, Ont.
8. 8:30 a.m., Wednesday: RCMP receive a tip from the FBI, which found a martyrdom video made by someone "clearly in the final stages of planning an attack using homemade explosive devices." The attack was supposed to take place imminently, targeting an urban centre during rush hour. RCMP identify 24-year-old Driver as the suspect several hours later.
9. 4 p.m., Wednesday: RCMP say Driver is seen getting into a cab at a home in Strathroy. Police swarmed the vehicle. They say Driver detonates a device in the back of the cab. Driver dies during the altercation with police.

THE CANADIAN PRESS

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Oldest fashion faux-pas

EVOLUTION

Study asks if Neanderthals fell victim to lack of jackets

Jen St. Denis
Metro | Vancouver

Did Neanderthals die out because their human competitors were better fashion designers?

A recent study of a database of animal bones found at several sites across Europe shows that Neanderthals probably weren't making close-fitting winter clothing like parkas, and it could be a significant factor in the species' decline.

"Twenty years ago there was a big debate around whether early humans evolved from Neanderthals or whether they were people who migrated to Europe from Africa," said Mark Collard, an archaeology professor at Simon Fraser University who led the study.

40,000

The bones Collard and his team analyzed were between 40,000 and 25,000 years old.

The prehistoric Neanderthal man "N," left, with Wilma, another reconstruction of a homo neanderthalensis, at the Neanderthal museum in Mettmann, Germany in March 2009. MARTIN MEISSNER/THE ASSOCIATED PRESS

"There is a consensus now that there was a wave of migration of humans out of Africa, through the Middle East and into Europe."

Archaeologists are now trying to figure out which differences between humans and Neanderthals led to one species thriving and the other becoming extinct.

The bones Collard and his team analyzed were between 40,000 and 25,000 years old, a period leading up to the last ice age when the climate would have been changing to be colder and drier. The researchers found that there were many more animal bones from wolverines, rabbits and foxes in the human sites compared to Neanderthal sites.

While some of the animals may have been used for food only, the composition of animal bones makes Collard fairly confident that humans were making winter clothing while Neanderthals were not. For instance, it's known that people living in the Arctic commonly used wolverine pelts to make the ruff of a parka: the combination of long and short hairs make it less likely the fur will become frozen around the wearer's face.

The research gives credence to a previous hypothesis that while humans were making specialized winter clothing, Neanderthals only wore fur cloaks. Being able to make parkas would have given humans an edge over Neanderthals in being able to hunt for longer periods and in colder weather, Collard said.

It shouldn't be assumed that Neanderthals weren't making winter clothing because they were less intelligent than humans, Collard said. It could have been a cultural difference: there are examples of human populations who live in harsh climates without making or wearing much protective clothing.

CONTROVERSY

Ford's 'crack video' released to public

Three years after sparking a firestorm of controversy, a notorious video featuring Rob Ford smoking crack cocaine was made public on Thursday, a move that angered the late Toronto mayor's family and drew mixed reactions from the public.

The so-called "crack video" was released after the conclusion of a court case involving Ford's friend and driver Alexander (Sandro) Lisi, who faced an extortion charge related to efforts made to retrieve the clip.

Some people called publishing the video "tasteless" and shameful, while others said they respected that media outlets were simply doing their job.

A further few said the video of the controversial politician, who died on March 22, 2016 from cancer at age 46, was simply "sad."

"Rob had a disease like millions of other people have diseases in our country and he went to go get help; he admitted it," Doug Ford told local TV station CP24. "They just want to rehash it and trample all over Rob's grave." THE CANADIAN PRESS

Former Toronto mayor Rob Ford surrounded by the media at city hall. **A notorious video featuring Rob Ford smoking crack cocaine was made public on Thursday.** AFP/GETTY IMAGES

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Trump entertains notion he could lose

U.S. ELECTION

Republican nominee takes a more humble approach

I meant (Obama is) the founder of ISIS. I do.
Donald Trump

Straying from his trademark bravado, Donald Trump acknowledged Thursday that his presidential campaign is facing challenges and could ultimately fall short — a rare expression of humility by the Republican presidential nominee.

Trump's most explicit concession came as he pleaded for support at a gathering of evangelical ministers, where Trump observed he was "having a tremendous problem in Utah."

The same day, the billionaire celebrity acknowledged that his lack of political correctness could cost him the election if Americans reject his blunt approach.

"We're having a problem," Trump told the ministers, adding that the next president could get to nominate up to five high court justices. "It could cost us the Supreme Court."

After trouncing 16 challengers in the Republican primary, Trump is encountering worrying signs as his campaign moves into the general election. Democrat Hillary Clinton's lead over Trump in national polls has widened in recent days, while a number of fellow Republicans have declared they won't support their own party's presidential nominee.

Trump's self-awareness was a marked departure from his usual tenor on the campaign trail.

On Thursday, Trump cited a poll that actually showed him a few points behind Clinton and arguing the race between them was close. Asked by CNBC how he planned to reverse the advantage that Clinton has, Trump said he simply planned to do "the same thing I'm doing right now."

"At the end, it's either going to work, or I'm going to, you know, I'm going to have a very, very nice, long vacation," Trump said.

Earlier this week Trump caused a major stir with comments about the Second Amendment that were perceived as advocating violence against Clinton, and found himself facing questions yet again after declaring Wednesday that President Barack Obama was the "founder" of Daesh — a claim that's patently false.

He brushed off conservative radio commentator Hugh Hewitt's attempt to reframe Trump's observation as one that said Obama's foreign policy created the conditions in Iraq and Syria that allowed Daesh to thrive.

"No, I meant he's the founder of ISIS. I do," Trump said, using another acronym for the extremist group. THE ASSOCIATED PRESS

SCIENCE

Greenland shark is now oldest vertebrate

In the cold waters of the Arctic, a denizen of the deep lurked for centuries. Now scientists calculate that this female Greenland shark was the Earth's oldest living animal with a backbone.

They estimated that the grey shark, part of the species named after Greenland, was born in the icy waters roughly 400 years ago, and died only recently. That conclusion puts the entire species at the top of the longevity list.

Using a novel dating technique, an international team of biologists and physicists estimated the age of 28 dead female Greenland sharks based on tissue in their eyes. Eight of the sharks were probably 200 years or older and two likely date back more than three centuries, according to a study published Thursday in the journal Science.

Until now, that record holder was a bowhead. THE ASSOCIATED PRESS

A Greenland shark GETTY IMAGES

IN BRIEF

Airstrikes resume in Raqqa
The Russian military sent long-range bombers to strike a series of Daesh targets in Raqqa — a fresh round of strikes that activists said killed at least 20 civilians. The strikes came amid Turkish calls for co-operation with Moscow against Daesh.
THE ASSOCIATED PRESS

French police arrest man with 18 migrants in truck
A British national driving a small truck with 18 migrants inside, five of them children, has been arrested in northern France. Police said that the man they arrested for suspected smuggling was of Iranian origin.
THE ASSOCIATED PRESS

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metro SCIENCE

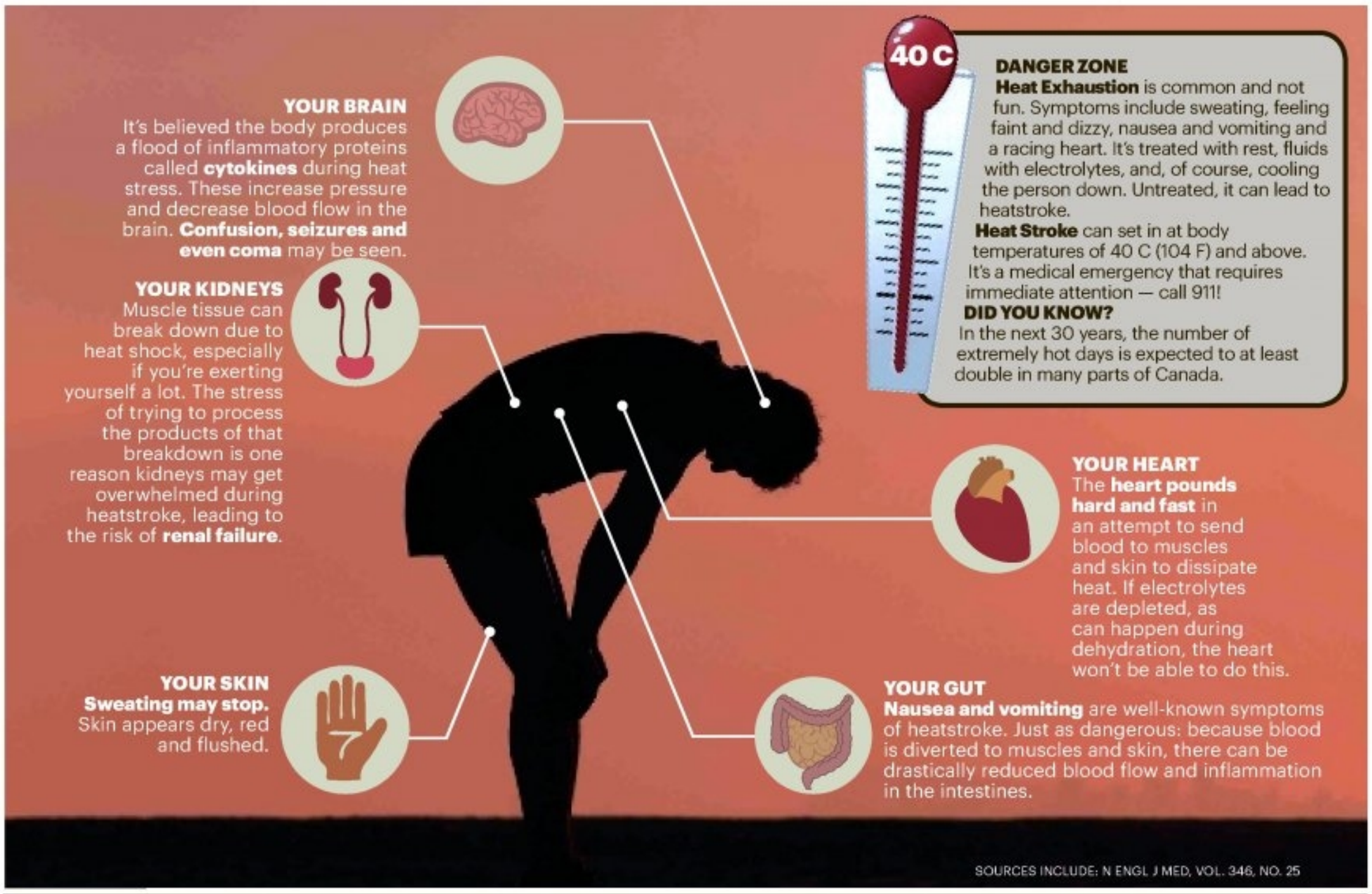
Your essential daily news

Scientists have sequenced the genes of three fungi threatening the global banana crop, in hopes of halting a **bananapocalypse**.

DECODED by Genna Buck and Andrés Plana

HORRIBLE, HORRIBLE HEATSTROKE

It's hot out there in many parts of Canada. And when the mercury passes 30 and keeps on going, and high humidity prevents sweat from drying, there's a risk the body's system for keeping itself cool will be overwhelmed. The result can be life-threatening **hyperthermia** (a.k.a. heat stroke), especially among the elderly, unwell and people who for some reason have to be outside. Here's how it works.


40 C
DANGER ZONE
Heat Exhaustion is common and not fun. Symptoms include sweating, feeling faint and dizzy, nausea and vomiting and a racing heart. It's treated with rest, fluids with electrolytes, and, of course, cooling the person down. Untreated, it can lead to heatstroke.
Heat Stroke can set in at body temperatures of 40 C (104 F) and above. It's a medical emergency that requires immediate attention — call 911!
DID YOU KNOW?
In the next 30 years, the number of extremely hot days is expected to at least double in many parts of Canada.
YOUR BRAIN
It's believed the body produces a flood of inflammatory proteins called cytokines during heat stress. These increase pressure and decrease blood flow in the brain. Confusion, seizures and even coma may be seen.
YOUR KIDNEYS
Muscle tissue can break down due to heat shock, especially if you're exerting yourself a lot. The stress of trying to process the products of that breakdown is one reason kidneys may get overwhelmed during heatstroke, leading to the risk of renal failure.
YOUR HEART
The heart pounds hard and fast in an attempt to send blood to muscles and skin to dissipate heat. If electrolytes are depleted, as can happen during dehydration, the heart won't be able to do this.
YOUR SKIN
Sweating may stop. Skin appears dry, red and flushed.
YOUR GUT
Nausea and vomiting are well-known symptoms of heatstroke. Just as dangerous: because blood is diverted to muscles and skin, there can be drastically reduced blood flow and inflammation in the intestines.

SOURCES INCLUDE: N ENGL J MED, VOL. 346, NO. 25

CITIZEN SCIENTIST by Genna Buck

How not to be taken in by the tooth fairy

It's been a tiring week for the skeptical and science-minded.

Thanks to swimmer Michael Phelps,everyone is talking about cupping — an alternative medical practice supported by nary a shred of evidence.

Yet there are some published papers that say cupping works. They're pretty much all junk. But even with a trained eye, junk science can be hard to differentiate from the real thing. Nevertheless, I have a few junk-spotting tricks to share. Here's a partial list.

First: Does a claim (i.e. "cupping effectively treats pain") appear in a scientific paper (and not just a quote)? If so, does the publication have a good reputation? Look at its **impact factor**, the average citations per paper. The higher the factor, the more trusted the journal. Sometimes I search the title or publisher alongside "predatory journal" to rule out scientific mischief.

Second: Look at methods. A paper should never try to prove something works, but rather present evidence showing it works better than a placebo or standard therapy. Look for the words **double-blind randomized control trial**.

People studying and trying things like cupping are usually already convinced — intensifying the **placebo effect**. There's no way to blind a study like this: If you're being cupped, you know it.

Third: Sniff test. Even with good methods, a study can be junk. You can measure whether leaving a tooth under a pillow on a weekday generates more tooth fairy money than a weekend and get good data. But you haven't learned anything about the tooth fairy. The **mechanism** is not probable. That's at work in many studies of quack remedies.

Fourth: If I'm stumped I phone a friend: a relevant, trusted scientist who was not part of the research. I ask them to walk me through the paper and evaluate it. Look for media articles that do this for you. If you can, make some science friends of your own. There's nothing better.

Science Question? Tweet @genna_buck

NEWS

Your week in science

HENDRIK GOLTZIUS/WIKIMEDIA COMMONS

GRUESOME GREECE

A dig on Mount Lykaion — the legendary birthplace of Zeus — has turned up the skeleton of an unlucky 3,000-year-old teenager. Researchers believe the boy may have been a human sacrifice because of the way he was buried. Ancient writers like Plato describe such rituals. Legends say people who ate the flesh of such hapless chaps would become a wolf for nine years.

GALACTIC TAN

According to a new study in Astrophysical Journal, ten-trillionths of the light that hits you when you're sunbathing on the beach comes from distant stars other than our sun.

SOUND SMART

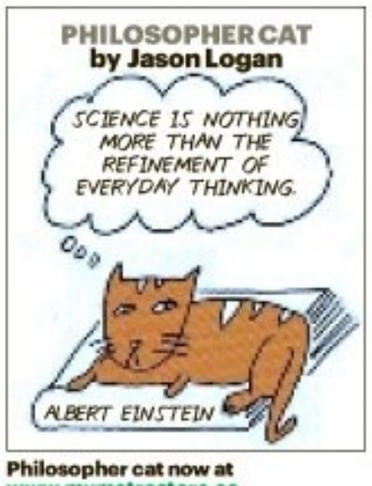
DEFINITION

Homeostasis is the fairly constant internal state (such as a constant body temperature) your body works to maintain despite changing outside factors. Sweating during hot weather helps cool you off and maintain **homeostasis**.

USE IT IN A SENTENCE

I'm worried about Dorothy messing up her **homeostasis** and getting heat exhaustion from so much time in the hot tub. Her sweat isn't drying and cooling her off.

PHILOSOPHER CAT
by Jason Logan



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MOVIES MUSIC TELEVISION DIGITAL

Not for family consumption: Raunchy animated tale Sausage Party features Brenda the hot dog bun (Kristen Wiig), her boyfriend Frank (Seth Rogen), and other foods.
CONTRIBUTED

For those who like dirty 'toons

SAUSAGE PARTY

Food porn you won't see on the Food Network

Richard Crouse
For Metro Canada

Hot on the heels of family-friendly cartoons like Zootopia, The Secret Life of Pets and Finding Dory comes an animated movie that definitely isn't for the whole family… unless it's the Manson Family.

The high concept of Seth Rogen's NSFW Sausage Party was, I think, best summed up by twitter user @ByChrisSmith who wrote, "So that Sausage Party trailer... Toy Story for food with swears?"

It's the kind of food porn you won't see on the Food Network. "We started to think 'What if food had feelings?' said Rogen after a sneak preview at the South By Southwest Film Festival. "That really is what inspired the whole idea."

The story begins at a supermarket called Shopwell's. Frank the Sausage (voice of Rogen), his hot dog bun girlfriend Brenda (Kristen Wiig) and all the other foods — including Mr. Grits (Craig Robinson), a tomato (Paul Rudd) and Teresa the Taco (Salma Hayek) — live in hope that one day a customer will choose them. When they find out what happens after the customer takes them home, however, they fight to avoid their fate.

R-rated and raunchy, Rogen says he showed an early cut to Borat star Sacha Baron Cohen. "Sausage Party appalled him in some ways," said Rogen, adding that Cohen, cinema's Prince of Provocation, called it "the craziest thing I've ever seen in my life."

Someone who might not have been surprised by Sausage Party is Ralph Bakshi, a legendary animator who once said, "You know it's working if you're making movies you don't want your mother to see."

Bakshi began his career working for Terrytoons, home to cartoon characters like Heckle and Jeckle and Mighty Mouse but left TV to make first animated film to receive an X-rating from the MPAA. Loosely based on a character created by cartoonist Robert Crumb, who later disavowed the film, 1972's Fritz the Cat is a trippy counterculture flick about a streetwise feline who smokes dope and has run-ins with the Hell's Angels and the Black Panthers. Extremely controversial — New York Times critic Vincent Canby wrote, "(There's) something to offend just about everyone" — it became the first independent animated film to gross more than $100 million at the box office.

More adult animation came with the R-rated Heavy Metal. An anthology made up of eight stories bound together by an intergalactic traveller described as the sum of all evil.

Both Fritz the Cat and Heavy Metal were successful enough to spawn sequels that tried, and failed, to recapture the success of the originals.

When asked if there might be a sequel to Sausage Party, Rogen said, "That would be dope. All we do are franchises now."

MOVIE RATINGS by Richard Crouse

Sausage Party	★★★
Pete's Dragon	★★★★
Florence Foster Jenkins	★★★★
The Infiltrator	★★
Equity	★★

HOW RATING WORKS
★★★★ SEE IT
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THE TV DINNER JESSICA ALLEN

I was approaching ecstasy: There were no questions, no one to judge me shovelling gravy-soaked fries into my mouth. Then I heard the pitter-patter of little feet.

It's not often that I get home at 2:45 a.m., remove my bra, settle into the couch with an order of poutine — traditional, obviously — and tune up the first Sex and the City movie. But I did last Saturday.

I was at a bachelorette party for a dear friend earlier on. It was good, clean fun — as in a cheese platter and prosecco, rather than strippers — because a couple of weeks before her party the bride-to-be found out that she was pregnant with her second child.

That's why, just before midnight, when one of the six women in our group suggested we go dancing, I was fairly certain our guest of honour would tenderly touch the miracle of life inside of her and laugh off the suggestion.

But she was game. Before I knew it, we were descending the stairs into El Convento Rico, a club on College Street known for drag queens and Latin music. I was wide-eyed as I watched men grind up behind women. Every time I detected a waft of heavy cologne or saw a silk shirt unbuttoned to the navel revealing thick, gold chains, I tried to get my friends' attention as if to say: Look! This stuff actually exists! It was like being in a waking fairy tale, but hotter, and with a techno-dance version of Justin Bieber's Sorry as our soundtrack.

We stumbled out after last call, and before jumping in a cab, I made a pit stop at Smoke's Poutinerie.

That brings us back to the couch, where I was approaching ecstasy: There were no questions, no one to judge me shovelling gravy-soaked fries into my mouth. It was alone time, emphasis on alone.

THE MOVIE: Sex and the City

THE MEAL: Smoke's Poutinerie

Then I heard the pitter-patter of little feet down the stairs. "You're home!" Simon said, wearing nothing but his underwear and a night guard.

"What are you doing up?" I asked nervously, shielding my poutine like a tigress protecting her cub. "You should go back to bed."

"Sex and the City! Move over, girl!" Simon said.

"But this is my special time!" I pleaded.

"You know, I always felt that they should've played the music from Platoon when Big doesn't show up to his wedding," he said.

"You can stay if you promise to be quiet."

"Did you notice that Carrie is constantly reading a New Yorker?" he said. "You can stop hiding your poutine. I ate an entire bag of Chicago mix popcorn tonight."

I continued eating, with trapidation.

"Jennifer Hudson has an ideal body in this movie, if you ask me."

"I didn't."

"That she lost weight after this movie is an American tragedy. Smith Jared's body truly is remarkable, don't you think? Do you think he's related to Jon Bon Jovi? Steve is probably the best character on the show," he paused. "Have you Googled where that Mexican resort is yet? We should stay there," he continued, using my phone for research.

When the movie ended, I brushed my teeth. When I returned to the scene of the couch, Simon had started the second SATC movie. I grabbed the remote and turned it off.

Someone had to show a little restraint.

Jessica Allen is the digital correspondent on CTV's The Social.

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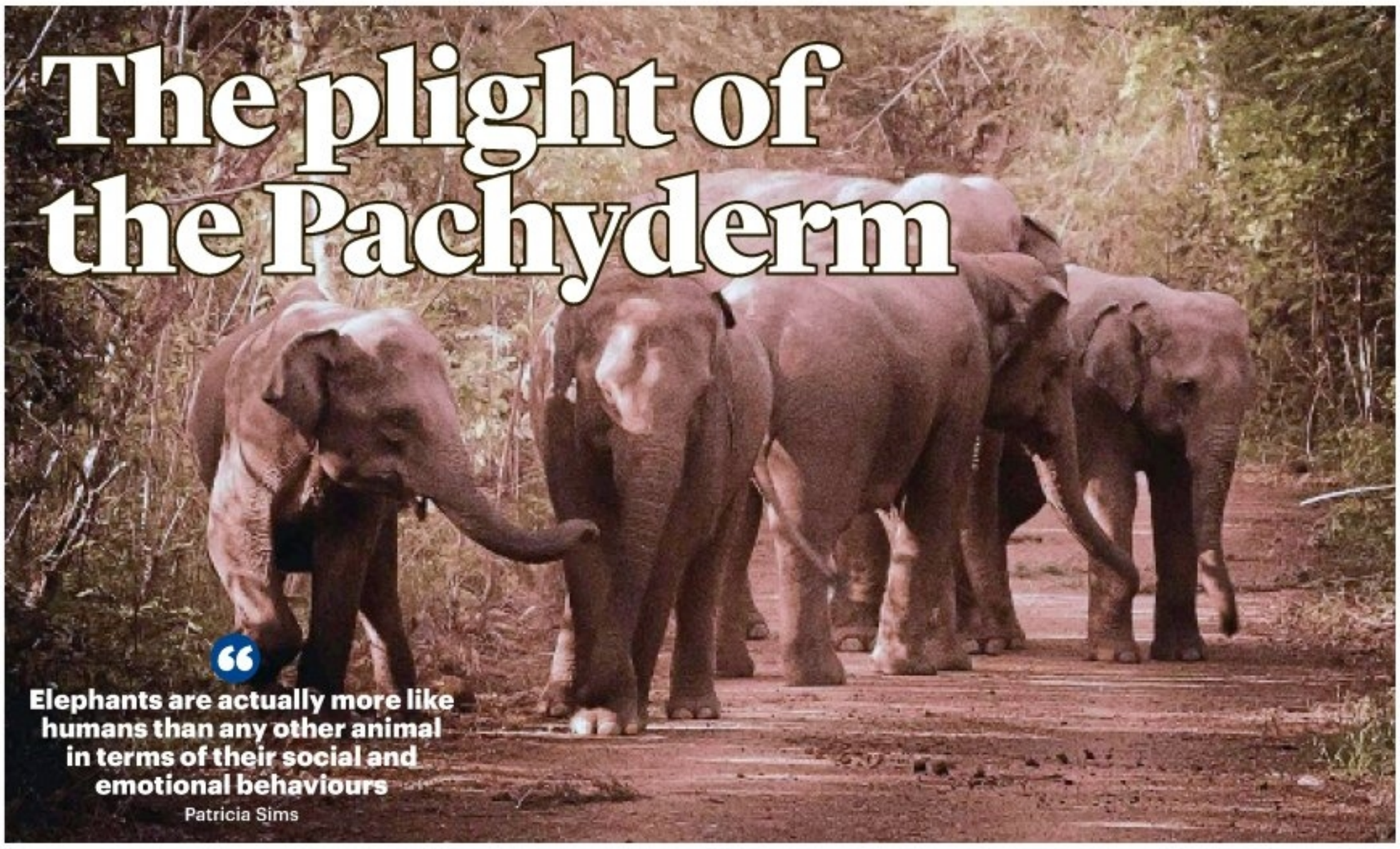
INTERVIEW

New doc looks at the issues threatening elephants

Steve Gow
For Metro Canada

The plight of the Pachyderm



> Elephants are actually more like humans than any other animal in terms of their social and emotional behaviours
> Patricia Sims

It seems like most causes have their own special commemorative day, but Patricia Sims believed so passionately that elephants deserved their own anniversary she created one.

"I guess I've always had a thing for big, interesting, smart animals," laughed the Canadian filmmaker and co-founder of World Elephant Day.

"When I started to learn about all the elephant issues, I felt we needed to consolidate all of that under one umbrella on one day to put everybody's focus towards this reality for elephants (and) ultimately, what it means for us."

Celebrating its fifth year on Friday, Sims is marking the anniversary with the debut of her emotional documentary film When Elephants Were Young — a look at the issues threatening the endangered mammals and, in particular, the bond between a compliant pachyderm and its proprietor in Thailand — especially when the mammoth servant gets released back into a wild sanctuary.

"It's a sad story but it has a happy ending," insisted Sims of the film's persuasive presentation of the plight of Asian elephants, said by some to be extinct within 30 years due mainly to loss of habitation. "Not every elephant can go back to the wild obviously (but) at this rate, there just won't be any space for them to live and to exist."

Sims hopes her William Shatner-narrated documentary will be as powerful at building awareness and action as World Elephant Day has been since its introduction half a decade ago.

In that short span of time, the day of observance has forged partnerships with 100 conservation organizations and continues to enlighten an ever-increasing number of individuals around the world to the many issues accelerating the depletion of the extraordinarily intelligent elephant.

"Elephants are iconic so for many people they define the best of what wildlife and the natural world is (and) they're actually more like humans than any other animal in terms of their social and emotional behaviours," said Sims, adding that her film further highlights that connection between simple citizens and the gentle giants.

"I think people have become more aware that if we lose elephants, we're going to be next — there's so many similarities."

Patricia Sims is the filmmaker behind When Elephants Were Young. CONTRIBUTED

ELEPHANT FACTS

- The Asian elephant range has shrunk by over 70 per cent in last 50 years.
- There are less than 4,000 elephants remaining in Thailand where over 100,000 roamed at the start of last century.
- One of three Asian elephants left in the world is a captive animal.
- Research suggests that captive elephants suffer long-term depression and drastically shortened life spans.
- Elephants are helpful creatures: "Elephants that are reintroduced are not related to each other (yet) they reorganize themselves in a wild family group or social herd," said Sims of the success of reintroducing captive pachyderms to the wild. "I found it amazing that it could happen and that they would help each other — that's the coolest thing." source: WORLDELEPHANTDAY.ORG

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Scott Mantz, Access Hollywood

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Pete Hammond, Deadline

IN THEATRES AUGUST 19

I just enjoy women and characters who are complex, strong and have something to say. I really feel that if we want gender roles or perceptions to change, then we have to keep shining a light on the conversation. Anna Gunn
CACHET

Anna Gunn, who describes new film Equity as a suspenseful thriller, is rapidly becoming one of the female power players in the industry. SUPPLIED

Gunning for a genre reversal

INTERVIEW

Anna Gunn on why Equity is not Wall Street for women

Steve Gow
For Metro Canada

"I've been waiting for a role like this for many, many years," admitted Anna Gunn while recently discussing her portrayal of a high-powered investment banker in the new thriller Equity.

A progressive film entirely written, produced and directed by female talent, Equity isn't just a Wall Street for women, it's turning the long-traditions of the finance genre-film and flipping it on its head by reversing the roles most-often reserved for money-hungry hunks.

"It's not a chick flick, it's not a movie just for women," said Gunn.

"It's a taut, suspenseful Wall Street thriller that happens to feature female stars and female characters so it's very refreshing.

"It's important to see this world from the female point-of-view because people think of it as a male-dominated field, which frankly it is," said the 48-year old star. "However, there are also incredibly strong (women in it)."

The Emmy Award-winner points in particular to Barbara Byrne — one of the finance world's top power-players.

To prepare for the movie, Gunn met the legendary investment banker (who also helped fund the feature) and borrowed many of her qualities and personal experiences for the part.

"She really became the template for this character," added Gunn, who insists the more she learned about the female dynamic and history on Wall Street, the more she saw parallels of inequity in the entertainment field as well.

"It's the same thing in Hollywood but what I am hopeful and optimistic about is that there are richer roles for women than there has ever been and that's hopefully going to move into the future."

It does seem that the times-they-are-a-changing slightly in Hollywood.

Although Gunn has been fortunate to land powerful female characters in recent TV shows like Breaking Bad and HBO's classic western Deadwood, the thespian experienced many years of auditioning for mediocre matrons before rising to become one of her own industry's power players.

"There's been a lot of girlfriend roles (or) a woman in jeopardy," laughed Gunn, adding when she didn't get a part she was often told she was 'too sophisticated.'

"I thought sophisticated was great but it was kind of a code word for being maybe too overpowering. That was a time when there was still a worry about the woman overshadowing the male character."

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TRIBUTE

Parade borne of protest, open to those advocating for community

Jennifer Taplin

There's much more to the Pride parade than loud music and balloons.

For one, a tribute to the mass shooting in an Orlando night club will lead the parade.

"With Orlando, every organization, every festival and parade has had a tribute to Orlando and ours will be the same," said Tammy Dopson, Capital Pride spokesperson.

Dopson said Orlando and the Black Lives Matter protest at the Toronto Pride parade are two significant events which initiated some much-needed dialogue.

"I'm still surprised to this day that anyone would think anything was wrong with what Black Lives Matter did in Toronto. The parade is borne of protest," she said.

Dopson added if someone wanted to advocate for their community at the parade, they wouldn't take issue with it.

"We'll roll with it as it goes because the Pride parade is borne of protest and no one should expect someone not to protest or express themselves as they truly feel because that is the basis of Pride."

This year marks the 45th anniversary of We Demand, the first LGBTQ march on Parliament Hill in 1971. But this anniversary will not be highlighted during the parade.

"It's something we thought about and in the context of current day and looking at our dark history, there are always nods to where we've come from but I think in the context of Pride we tend to celebrate our gains as opposed to rooting ourselves in our darkest moments of history," Dopson said.

Capital Pride has three pillars of Pride: celebration, education and advocacy. Dopson said the parade will feature messages of all three.

"If you think about it, it's really a nod to how far we've come, where we are and where we have to go. Because to say we have equity is incorrect."

Capital Pride has three pillars of Pride: celebration, education and advocacy. BEN WELLAND FOR DAILY XTRA

QUOTED

"Often I get asked that as allies, what's the best thing they can do. For us the best thing allies can do is show up with their families. If they have younger ones, show them and expose them a culture of inclusivity where people celebrate their differences as opposed to bully people," says Tammy Dopson, Capital Pride spokesperson.

EVENTS

Raise your rainbow

The bright, loud colours of Pride will flow through Ottawa starting Monday.

Joanne Hughes, festival producer, said they're using #raiseyourrainbow on social media, and urging bosses everywhere to take up a workplace challenge. She said it's all about encouraging employers to let staff know they have a safe, welcoming and accessible workspace by throwing up a rainbow flag.

"It can be actual flag on a flagpole or they can come up with creative ideas to recreate a rainbow," she said.

Capital Pride is hosting 15 signature events throughout the week, along with many others put on by the community.

"This is the second year we're doing our social and it takes place in St. Charles Market in Vanier (on Saturday Aug. 20). It's just a really funky, chill event," she said. "We have 1950s furniture set up, a great line-up of performers with very intimate performances."

There's no stage here: Musicians, burlesque performers, fire spinners, and dancers mingle with the audience.

Capital Pride is hosting 15 signature events throughout the week, along with many others put on by the community. CONTRIBUTED

"It's a great event to bring friends with you because you can talk and catch up before the crazy pride weekend," she said.

Capital Pride is adding a Fresh Zone stage this year, an alcohol-free stage for youth, families, and people in recovery.

"Our line-up on both our stages this year is very diverse, very representative of the entire community."

Mike Connors, assistant festival producer, said they're hosting three youth events this year. The first is the Ottawa Queer Pride Fashion Swap on Monday night.

"It's an event where youth 25 and under can bring the clothes from the back of their closets they don't wear anymore and if you bring five pieces, you leave with five," he said.

There's also a Queer Cafe and a Movie night geared to the under-25 crowd.

And on Thursday night look for something new at the Ottawa Capital Pride Pageant.

"We've added a third category this year to better include gender-non-binary folks," Connors said. "So we'll have three winners: Mr. Capital Pride, Ms. Capital Pride and Mx. Capital Pride. Mx is a pronoun used for gender-non-binary people."

Ten queens will be competing along with two kings. Two people are going for the Mx. crown in front of a panel of seven judges.

"It will be a fierce competition for those crowns," Connors said.

JENNIFER TAPLIN

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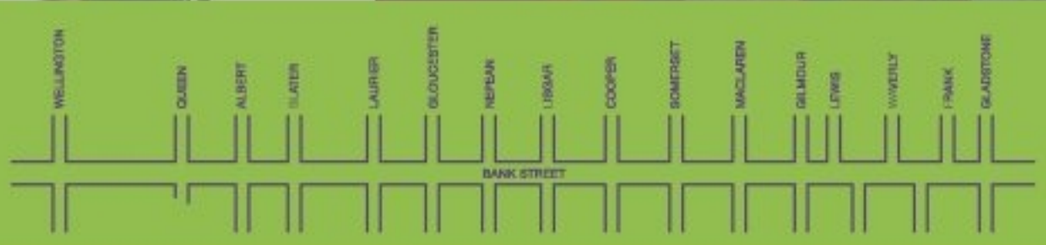

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Downtown. At the intersection of everything.

Two block stretch of Bank Street is a spotlight of visibility for the LGBTQ+ community. CONTRIBUTED

City's official gay village turns five

Jennifer Taplin

Street signs with rainbow colours. A mural depicting the historic 1971 LGBTQ march in 1971. Rainbow crosswalks now etched in permanent paint.

It's all this and more which makes this two block stretch of Bank Street Ottawa's first official gay village, a spotlight of visibility for the LGBTQ+ community. This year marks the village's fifth anniversary.

Glenn Crawford, one of the founders, said it took over five years of work to make the Village a reality.

"You want to have that sense of belonging and what's often called your chosen family," Crawford said. "It's good to have places where you feel safe, where you belong and you can meet your tribe or your fellow community members who can understand and relate to what you're going through."

In the beginning, there was skepticism and pessimism over why it was needed, even from some in the LGBTQ community. But in the past five years, the opposition has pretty much evaporated, Crawford said.

"The official recognition has definitely been apart of that. It's hard to fight against something that's now a reality."

When the city made it official in 2011, Crawford said he felt it was time to step down from the Village committee.

"It had been a long haul and I felt the initiative was being perceived as my initiative and not necessarily the community's. I wanted a group of people to take the torch I was passing on and work forward on that next step."

The committee merged with the Bank Street Business Improvement Association and the village has continued to grow.

The value of the Village is in its visibility, said Barry Deeprose, a member of the Ottawa Senior Pride Network and a self-described observer of Ottawa's "gaylebration" for decades.

"I think the concept of the village gives visibility to an invisible minority," Deeprose said. "It's just important that the young 13 year old who thinks he might be gay or she might be a lesbian, transgendered or whatever, just to see those rainbow flags up there...it's really important to let them know they're not the only ones around."

HISTORY

The Bank Street Business Improvement Association recently put out the call on their web site for a historian/researcher to look into the history of the LGBTQ community in Ottawa. They are looking to add items like photos, plaques, and murals to the streetscape of the Village.

BEN WELLAND FOR DAILY XTRA

QUEERCON 2016

LGBTQ+ and the world of comics

At the intersection of geek and queer you'll find QueerCon 2016.

For the first time the Ottawa Capital Pride Festival is hosting an all-ages event to celebrate LGBTQ+ within the epic world of comics, games and graphic novels. It's happening Aug. 19, 11 a.m.- 8 p.m. at the Delta Hotel Ottawa City Centre. Joanne Hughes, festival producer, said QueerCon was borne out of the desire to provide something for everybody in the Ottawa LGBTQ+ community, including people who aren't into the many pride events that take place in bars.

"We wanted to make sure youth and people who weren't into that bar scene had events they could attend," she said. "We wanted to give a space to the geek-queer community. There's a lot of intersection between those two groups."

Both groups express concerns about not being apart of mainstream culture, being excluded, and bullying, she said.

"They do sort of share that and that's what we've been told by people in both those communities so there's a natural fit there," Hughes said. Plus personally Hughes said she's a big fan of graphic novels and comes from a geek family herself so she thought it would be a really fun event to do. Cosplay and costumes are encouraged, she said. People can check out workshops, panels and a number of exhibitors. JENNIFER TAPLIN

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Your essential daily news

Pop-up Museum of Ice Cream opens in New York City

Touring Taiwan on two wheels

ADVENTURE

Stunning rides for every ability level

Mark Stachiew
For Metro Canada

From taking in tourist sites to taking on Taroko Gorge, Taiwan has a great bike ride for nearly everyone. ALL PHOTOS MARK STACHIEW/FOR METRO

Taiwan might be famous for making cheap electronics, but it also happens to be home to Giant, the world's largest bicycle company.

It exports millions of bicycles to every corner of the world each year, but also supplies a thriving local market in a land that is in love with the two-wheel ride.

Thus, visitors to Taiwan can easily explore the country on bike by riding a sprawling network of dedicated paths that caters to cyclists of all abilities. Numerous local operators offer tours that include bike rentals and support vans as well as restaurant and accommodation options that allow tourists to go at their own pace.

Here are some popular cycling itineraries, rated by difficulty, for people interested in discovering this green and pleasant sub-tropical island:

Easy

Take a U-bike in Taipei. Taiwan's capital has an extensive bicycle-sharing network that is a breeze to use. Ride out to Taipei 101 for the best views of the city from the top of an architectural marvel that was for a brief time the tallest building in the world. Check out the changing of the guard ceremony at the magnificent Chiang Kai-shek Memorial Hall, or simply meander to any corner of the city that catches your fancy. Unlike some Asian cities, Taipei's traffic is surprisingly civilized and riding a bike there doesn't feel like a death wish.

Ride around Sun Moon Lake. Taiwan's largest lake is one of its most scenic. Sacred to the Thao tribe, one of Taiwan's indigenous peoples, the lake has long been a popular resort area for Taiwanese. Cyclists can discover the lake's beauty with a 30-kilometre circumnavigation that brings them past magnificent temples and lush forests filled with monkeys, birds and noisy insects.

Medium

Follow the coastal route. Taiwan's Coastal Mountain Range plunges steeply toward the sea.
The green sides of the mountains are covered with dense, tropical foliage and their tops are shrouded in low clouds. Cyclists along this route stick close to the water's edge that is lined with craggy rocks and grey sand. It is part of Cycling Route #1, a path that circles the entire island of Taiwan and is a popular goal for Taiwanese cyclists that can be completed in about two weeks.

Discover the Huatang Valley
This inland route lies in a valley between two mountain ranges. Most of the ride is flat, but there are some long, gradual hills that can be tiring over long distances, but riders are rewarded when they go downhill. Much of the route rides past a quilted landscape of rice paddies. They are beautifully green most of the year and turn to gold come harvest time.

Difficult

Challenge the King of the Mountain. Every October, cyclists from around the world compete in Taiwan's most challenging cycling event, the King of the Mountain. Cyclists ride a stunningly scenic 105-kilometre route of switchbacks and hairpin curves that take them from sea level to 3,275 metres, high in the thin air of the mountains of the country's beautiful Taroko National Park.

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metro RIO

Rio gold medals are plated with just six grams of the expensive stuff, the rest — 494 grams — is 92.5 per cent purity silver

1 Queen of gymnastics — U.S. gymnast Simone Biles won gold in the women's individual all-around. Teammate Aly Raisman and Russia's Aliya Mustafina followed. Ellie Black of Halifax placed fifth, the best showing by a Canadian ever in the individual all-around.
THOMAS COEX/AFP/GETTY IMAGES

2 Playing for third — Vernon, B.C.'s Vasek Pospisil and his partner Daniel Nestor, of Toronto, will play for a bronze medal in tennis. The Canadians lost to Spain's Rafael Nadal and Marc Lopez 7-6 (7), 7-6 (6) in the semifinals of the men's doubles.
RYAN REMIORZ/THE CANADIAN PRESS

3 On a roll — Jamie Broder, of Victoria, and Toronto's Kristina Valjas improved to 3-1 after defeating Egyptians Nada Meawad and Doaa Elghobashy 2-0 (21-12, 21-16).
MARCIO JOSE SANCHEZ/ THE ASSOCIATED PRESS

Pleased as punch

RIO2016

Canadian boxer dedicates first Olympic win to his brother

Canadian Arthur Biyarslanov contorts the face of Jordanian Obada Alkasbeh with a right hand during a men's boxing match on Thursday. LUCAS OLENIUK/TORSTAR NEWS SERVICE

In the Olympic boxing ring Thursday there were no bikini-clad ring girls or fighters with multi-million dollar contracts, no bling-draped entourages or trash talk, just two men who wanted to win for themselves and their countries.

Arthur Biyarslanov, a 21-year-old Canadian who fled war-ravaged Chechnya as a child, faced Obada Alkasbeh, a 22-year-old Jordanian raised in a Palestinian refugee camp.

Boxing has always been one of the more accessible sports attracting young men without means looking for purpose. The difference at the 2016 Games is that these two boxers, like all the male fighters here, faced each other without the padded headgear that has been required since the 1984 Olympics.

Here, when Biyarslanov landed solid hits, the spectators could see Alkasbeh's facial features temporarily rearranged as his face slid sideways under the force of the punch.

Biyarslanov, nicknamed the Chechen Wolf, won his three-round preliminary bout decisively. Afterwards, his thoughts were for his older brother Rustam who encouraged him into boxing and started working when he was still in high school to support the family in Toronto.

"This Olympic win, my first one, is for my brother, my next one, hopefully God willing, will be for my mother and everyone in my family and, of course, Canada," he said.

The 64-kilogram light welterweight has been fighting without headgear for more than two years already but television coverage of this two-week tournament will be the first time that most people will have seen this style of boxing in the Olympics.

"It's no problem for me, I actually like it without headgear, I feel more open, more quick," Biyarslanov said after his bout, answering questions while holding a cold chunk of metal to his temple to reduce swelling.

NEXT BOUT
Biyarslanov's next bout is against German professional Artem Harutunyan who had a bye in the first round.

In the second round, the fighters clashed heads and Biyarslanov was left with the angry red lump on his temple and Alkasbeh was cut over his eye.

"It was a good deal," Biyarslanov said, meaning that he was glad he didn't get the cut.

The sport's governing body — backed by the International Olympic Committee — has maintained that getting rid of headgear reduces concussions and, while many in the boxing and medical community dispute that, the biggest concern here is cuts, which can prevent a medal contender from continuing.

"For us, so far, OK, we got that small bump, the other guy was cut," Daniel Trepanier, Boxing Canada's high performance director, said. "Every fight we're praying we don't have any cuts but we're ready, we have a doctor from the (Canada Olympic Committee) that is travelling with us to make sure if something happens we deal with it right away."
TORSTAR NEWS SERVICE

RIO in brief

Police vehicle sprayed with bullets, officer hit

Pervasive violence is an everyday part of Rio, and a police officer was hospitalized after getting shot in the head when he and two others got lost near a slum.

The officers from Brazil's national security force who were sent to Rio for the Olympics relied on a GPS device to navigate unfamiliar streets Wednesday afternoon, but they took a wrong turn off a highway leading to Rio's international airport. Their truck was sprayed with bullets, and officer Helio Vieira was shot.
THE ASSOCIATED PRESS

Venus still in the hunt for her fifth gold medal

Venus Williams' Rio Olympics is still going — just barely.

Upset in the first round in singles and doubles while battling a virus, the four-time gold medallist was a late entrant into mixed doubles. She and American teammate Rajeev Ram faced two match points Thursday and saved both in rallying from a set down for a 6-7 (4), 7-6 (3), 10-8 tiebreak win over Kiki Bertens and Jean-Julien Rojer of the Netherlands.

The U.S. duo moves on to Friday's quarter-finals.
THE ASSOCIATED PRESS

GOLF

DeLaet off to a strong start on the links

Canada's defence of its 112-year-old Olympic golf title is off to a strong start.

Graham DeLaet of Weyburn, Sask., fired four birdies over his first eight holes en route to a 5-under-par 66 and the clubhouse lead on Thursday until Australia's Marcus Fraser closed his round a short time later with a blistering 63. It was the first round of golf played at the Olympics since Canadian George S. Lyon won gold at the 1904 St. Louis Games.

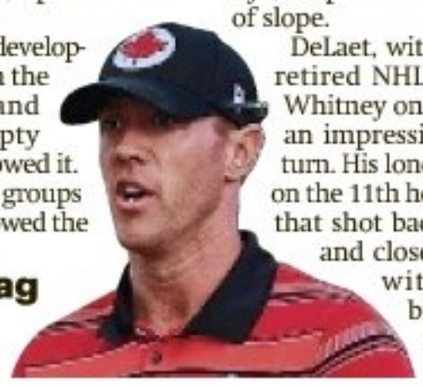
Lyon played so long ago that he was born in Richmond, Canada West, the British colony that became Ontario after Confederation in 1867.

"It's pretty cool," DeLaet said. "First time in over 100 years and we're leading the charge here at the Olympics."

Henrik Stenson of Sweden also opened with a 66, and five players, including Germany's Alex Cejka, were right behind them at 67. David Hearn of Brantford, Ont., opened with a 2-over-par 73.

Golf is in the developmental stages in the host country and the rather empty grandstands showed it. There were still groups of fans who followed the golfers around the 7,128-yard course, which has wide fairways, deep bunkers and plenty of slope.

You're playing for the flag and it's a pretty cool feeling. Graham DeLaet



DeLaet, with friend and retired NHL player Ray Whitney on his bag, was an impressive 31 at the turn. His lone bogey came on the 11th hole but he got that shot back on No. 13 and closed his round with another birdie.
THE CANADIAN PRESS

metro SPORTS

The Raptors will open their season on Oct. 26 in Toronto against the Detroit Pistons, two nights before hosting the NBA champion Cavaliers

Jays hoping for joy of six

MLB

GM backing his rotation plan but Sanchez is still a concern

The Jays' rotation includes, from left, Marco Estrada, Marcus Stroman, Aaron Sanchez and J.A. Happ. THE CANADIAN PRESS FILE

As counterintuitive as it seems, Blue Jays general manager Ross Atkins believes that the longer the team keeps going with a six-man rotation, that things are going well.

He feels that there are factors that would end the six-man experiment and none of them are good, so if the Jays are still using six starting pitchers into September, it means they will likely have survived the dog days of August and will be in the AL East and American League playoff mix.

"We see it as a positive, we really do, at this time of the year," Atkins said

"The reason that the five-man vs. six-man rotation gets a lot of attention is because it's not typical. That's fair and that's why we walked through all of our alternatives. But as we looked at the rotations and looked at how it would impact each starter and then thought about our bullpen, thought about the optionable relievers, we felt like we had enough (bullpen) depth and enough flexibility to adjust when we had to adjust. If we don't have to adjust, that would be a very good outcome, because that would mean that everyone was performing and healthy."

Of course the big question is why, after being involved in trade deadline discussions for 19 starting pitchers (his own estimate) and after obtaining a workhorse, Francisco Liriano from the Pirates, and after insisting Aaron Sanchez transition to the 'pen would begin, why did they changed their mind? Is it because the trade deadline was too early and they felt Sanchez still had starting bullets left?

> **It wasn't that we have to have a starter. It was how do we make our team deeper?**
> Ross Atkins

"We were also in on well over 20 relievers," Atkins countered. "We were looking to acquire pitching. It had to be on the major-league team. We were looking to build depth in pitching.

"It was an opportunity that we felt good about that added depth. It's really hard to say what will transpire with the rotation. I think the players will dictate that."

The problem with believing that the six-man rotation will solve the problem of excess Sanchez innings is that it won't really, especially if the Jays go deep into October. If manager John Gibbons continues to roll through the rotation of six guys, Sanchez would still log seven more starts.

Given his average, he'd accumulate 49 more innings, adding up to 194 in the regular season. Then if they went to the World Series, that would be six more Sanchez starts, giving him 235-240 innings.

"We'll be creative there, it's not just off-days, but potentially skipping starts," Atkins said. "There's a lot of things we can do. Really it came down to, there was more rationale pointing towards doing (a six-man) then there was rationale pointing to just do what everyone else has always done."

There was an early belief that — with the arrival of president Mark Shapiro and his hand-picked, inexperienced GM — the plan was to blow up the roster, cut back on payroll and rebuild the farm. But at this stage, Atkins insists that he sees the window of opportunity to win for this group to include next year and hopefully beyond. The fan support at Rogers Centre and TV ratings tell him that they owe it to the people that have brought them to this point. That's encouraging.

"It's a beautiful thing, it's why we do it," Atkins said. "I can only imagine what other teams are thinking when they come into this environment and think, 'Wow, that's special.' It really is a testament to the things that have been done well, before I was here. I'm really honoured to be a part of it."

TORSTAR NEWS SERVICE

NHL

Roy ends tenure with Avs

Patrick Roy is leaving the Colorado Avalanche.

The club's head coach and vice-president of hockey operations announced his decision to resign in a lengthy statement on Thursday that suggested discord with the organization.

Roy's vision for the club, he said, needed to be "perfectly aligned with that of the organization," adding that he must have "say in the decisions that impact the team's performance."

"These conditions are not currently met," Roy concluded.

Patrick Roy GETTY IMAGES

And therefore, his tenure with the Avalanche was over.

Roy was mostly ineffective in his role as the Avalanche's sometimes controversial head coach. The club qualified for the postseason once in his three seasons, missing out in each of the past two campaigns.

The Avs were often levelled in the puck possession game despite having a number of young skilled players. Colorado typically forced its goaltenders, mostly Semyon Varlamov, to contend with a heavy shot count each night. The club allowed 32.3 shots per game last year, the third-worst mark in hockey.

Colorado has an incredible amount of young skill including 25-year-old speedster Matt Duchene, who produced 30 goals for the first time last season, 20-year-old Nathan MacKinnon (52 points last season), 23-year-old captain Gabriel Landeskog (three straight 20-goal seasons) and 24-year-old offensive whiz on defence, Tyson Barrie (25 goals, 102 points over the last two seasons).

Still, the Avalanche missed the playoffs by five points last season (boasting a minus-24 goal differential) and nine points one year earlier (minus-eight).

THE CANADIAN PRESS

> **Though it saddens me, I have put much thought about this decision.**
> Patrick Roy

EPL

Ranieri adopting an alien approach

Leicester manager Claudio Ranieri believes it will be "impossible" for his team to retain the English Premier League title, saying Thursday it's more likely that "ET comes to Piccadilly Circus."

The team from central England produced one of the greatest-ever underdog stories in sports by winning the league, at pre-season odds of 5,000-1.

Speaking ahead of the first game of Leicester's title defence, Ranieri said the British bookmakers' odds on his team this season should be "6,000-1,"

"It's more difficult than last season — it's easier that ET comes to Piccadilly Circus," the Italian coach said. "All the world is curious what will happen with Leicester.

"Of course, the big teams are ready to fight for the title, we are ready to defend our title, but we know it is a difficult gap. Last season we made something unbelievable."

THE ASSOCIATED PRESS

IN BRIEF

Riders slapped with fine

The Saskatchewan Roughriders were fined $60,000 on Thursday following a CFL investigation into alleged roster violations. The Roughriders were in violation of policies which prohibit practising with ineligible players, players participating in practice who are on the six-game injured list and having free agents practise with players who are under contact, according to a release. THE CANADIAN PRESS

NBA

LeBron agrees to 3-year deal: Source

A person familiar with the contract says superstar LeBron James has agreed to a three-year, $100 million contract with the Cleveland Cavaliers.

$100M

LeBron James' reported salary in a new three-year deal.

The person says James, who recently led the Cavs to an NBA title — the first for a Cleveland sport team in 52 years — will soon sign the deal. The person spoke to the Associated Press Thursday on condition of anonymity because some details of the deal need to be finalized.

The 31-year-old James recently indicated he intended to re-sign with Cleveland, but was expected to accept the same one-year deal he signed in each of his two previous seasons since returning to Cleveland.

THE ASSOCIATED PRESS

RECIPE Blueberry Sweet Potato Waffles

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

It seems an unlikely pairing but once you get sweet potato and blueberries together they're like peanut butter and jelly, but better. Well, it is. They're in a waffle, for heaven's sake.

Ready in 30 minutes
Prep time:10 minutes
Makes 4 large waffles

Ingredients
- 2 cups spelt flour
- 2 tsp baking powder
- 1/4 tsp salt
- pinch of allspice
- 1 1/3 cups milk
- 2 eggs
- 2 eggs
- 2 Tbsp oil
- 1 Tbsp maple syrup
- 1/4 cup sweet potato puree
- 1/4 cup fresh blueberries

Directions

1. Preheat your waffle iron.

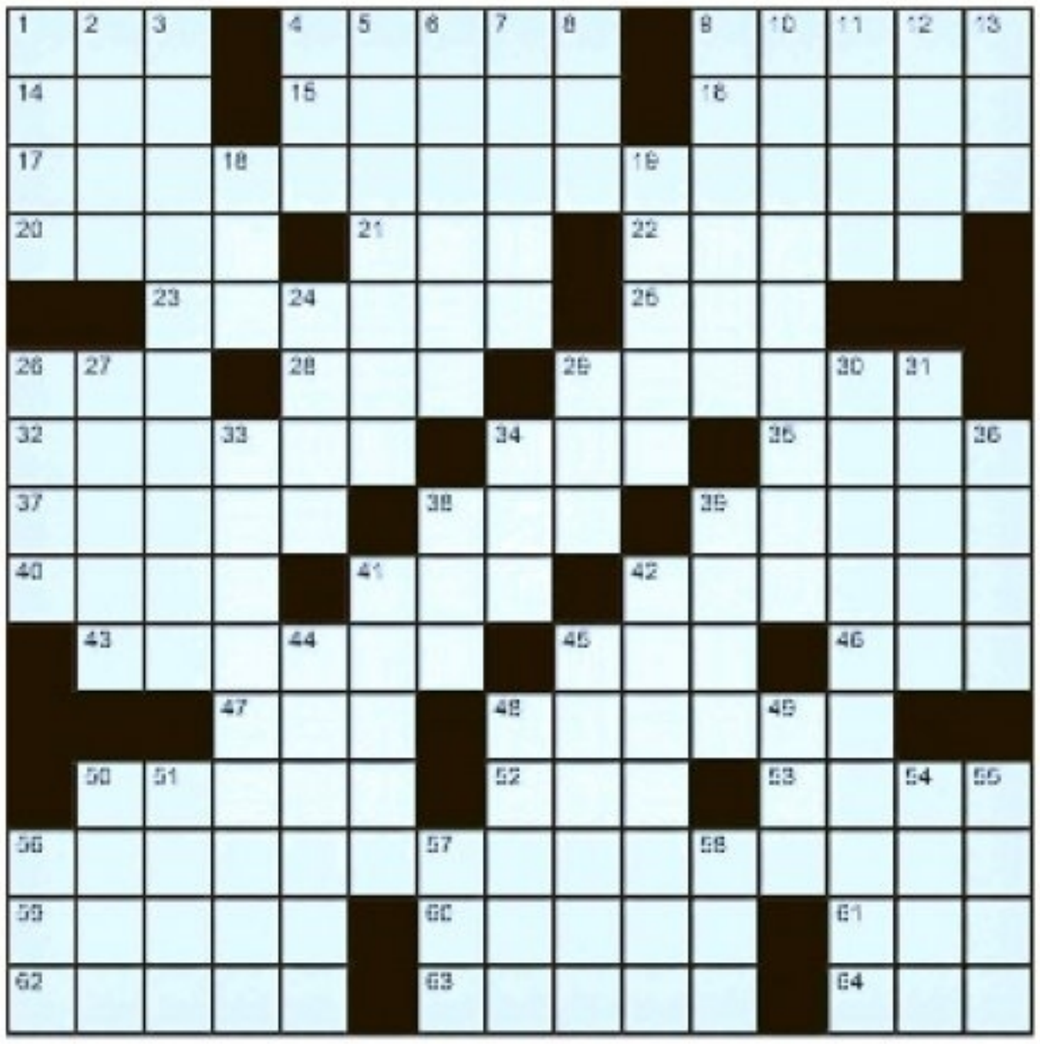
2. In a large mixing bowl, whisk flour, baking powder, salt and allspice. Stir in 2/3 cup milk, eggs, oil and maple syrup. Mix in sweet potato and then fold in the blueberries.

3. Coat waffle iron with oil or nonstick spray; repeat if necessary between batches. Follow the waffle iron's instructions for cooking.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. RIO 2016: Swimmer's head covering
4. __ Sketch
9. Borders on
14. Kilos alternatives
15. Actress Lindsay
16. Valleys
17. RIO 2016: Aphrodite or Athena, in ancient Greek mythology: 2 wds.
20. Toy company
21. Psychedelic drug
22. Director Sidney
23. RIO 2016: Equestrian stars
25. Here: French
26. Tic-Tac-Toe win
28. Possesses
29. Travel __ (Trip planners)
32. RIO 2016: Like the in-the-pool swimmer: 2 wds.
34. RIO 2016: Athlete's story
35. Deanna __ (Counselor on Star Trek: The Next Generation)
37. Fauna's friend
38. O Meridian letters
39. RIO 2016: Points in Soccer
40. Greenish hue
41. Irritate
42. Witty remark: 2 wds.
43. Method
45. __ culpa!
46. Bottom-of-letter letters
47. Rocky hill
48. "__ the highest bidder!"
50. Frigid
52. RIO 2016: American Samoa, IOC-style
53. RIO 2016: Gymnastics legend Ms. Korbut
56. RIO 2016: One of a Heptathlete's skills: 2 wds.
59. "That's __" by Dean Martin
60. RIO 2016: "O Canada! Terre de nos __..."
61. Hebrides 'no'
62. 'Wilde' tail (Gnu)
63. "__ Fine" by The Chiffons
64. Meadow mom

DOWN
1. Curdle
2. Competently
3. RIO 2016: Sports __ (Training component)
4. Rock supergr.
5. Strives/works for: 2 wds.
6. RIO 2016: Runs after a ball
7. RIO 2016: Passes the ball or baton
8. RIO 2016: IOC code for Luanda's country
9. Cite, as evidence
10. RIO 2016: Racket sport
11. Movie beekeeper
12. Quiz
13. "Jaws" (1975) director's initials-sharers
18. Cow's sound
19. 'Few'-meaning prefix
24. Ostrich-like bird
26. Lummoxes
27. Earthenware pots
29. River islet
30. RIO 2016: Sport for Canada's flag bearer Rosie MacLennan
31. Arias
33. RIO 2016: Some athletes
34. RIO 2016: Cycling ___
36. 'Special' suffixes
38. Emerald
39. Prod
41. Rigoletto opera composer
42. RIO 2016: BLR is its IOC code
44. Loo
45. Dances, at a '90s concert
48. Composer/pianist Erik
49. Haul
50. RIO 2016: Team match-up
51. RIO 2016: "Yippee!" in ancient Greece
54. Chew
55. James __ (Pulitzer-winning writer)
56. RIO 2016: Boxing blow
57. "Nope."
58. Soup flavouring cube

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Sudden changes to travel plans are likely. You might meet someone from far away or be surprised to encounter someone from another culture or a different country. Likewise, legal decisions will be unexpected.

Taurus April 21 - May 21
Check your bank account for something unexpected: shared property, taxes, debt, inheritances and wills. Make sure you know what's happening.

Gemini May 22 - June 21
A partner or close friend might throw you for a loop today by doing something you least expect. Someone might demand more freedom in the relationship.

Cancer June 22 - July 23
Interruptions to your work are likely. (Computer crashes, equipment breakdowns, staff shortages and canceled meetings are just some examples.) Allow extra time to cope with this.

Leo July 24 - Aug. 23
A surprise invitation to a vacation or a social event might come your way today. Children might be the source of a surprise. Ditto for sports.

Virgo Aug. 24 - Sept. 23
Something to do with your home routine will change today. Perhaps small appliances break down or minor breakages will occur. Perhaps unexpected company arrives.

Libra Sept. 24 - Oct. 23
Your mind is racing today, because it's full of ideas that you want to share with others — especially siblings, relatives and daily contacts. It's easy to think out

Scorpio Oct. 24 - Nov. 22
Today you might find money; you might lose money; you might lose an item or you might find something that was lost. Count your change and check your bills.

Sagittarius Nov. 23 - Dec. 21
You feel independent and confident today. You also feel ambitious, which is why you might do something different or spontaneously take a new direction.

Capricorn Dec. 22 - Jan. 20
An unexpected secret might come out today because something related to a hidden matter will surprise you. Or you might make a breakthrough in a research project.

Aquarius Jan. 21 - Feb. 19
You love characters! Today is a classic type of day to meet someone who is unusual and different. However, someone you already know might amaze you in a weird way.

Pisces
Feb. 20 - March 20
You might be surprised or caught off guard when talking to parents and bosses today. Someone might suggest something that ultimately gives you more freedom.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

3						6		8
	2			3		9	4	
4	5		1		9			
		6		4		8		
	4						2	
		3		1		5		
			3		4		9	7
	1	4		8			6	
7		9						5

Conceptis Puzzles, Inc. by Nikoli Publishers, Tokyo, Inc.

metro
Tell us how you really feel.
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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

8	9	2	6	5	4	3	7	1
1	7	5	8	3	2	4	6	9
4	3	6	9	7	1	2	8	5
3	8	1	2	4	9	7	5	6
5	2	7	3	1	6	8	9	4
9	6	4	7	8	5	1	3	2
7	1	9	4	6	8	5	2	3
6	5	3	1	2	7	9	4	8
2	4	8	5	9	3	6	1	7

ENDLESS SUMMER SALE ON NOW

Summer is still in full swing but these deals are fleeting! Save big this weekend.

MEN'S

UP TO
60% OFF
CLEARANCE
SHORTS, KNIT TOPS and SPORT SHIRTS
Includes T-shirts and polo-style knit tops at $19.99 or less
Prices as ticketed.

UP TO
60% OFF
CLEARANCE
SWIMWEAR
by SPEEDO, CALVIN KLEIN, POINT ZERO, NIKE, TRUNKS, SURF + SWIM and JACK & JONES
Prices as ticketed.

WOMEN'S

CLEARANCE
KNIT TOPS
$14.99 AND UP
Original reg. up to $50

CLEARANCE
SHORTS
$19.99 AND UP
Original reg. up to $65

CLEARANCE
SANDALS
$19.99 AND UP
Last ticketed up to $59.99

CLEARANCE
DRESSES
$39.99 AND UP
Original reg. up to $120
In our dress department.

Plus, save an extra 50% off women's clearance sandals.
Last ticketed $60 and up
See below for details.

50% OFF ALL CLEARANCE
HANDBAGS
Off our original prices.
In our handbag department.

THIS WEEKEND:
Friday, August 12
to Sunday, August 14

RECEIVE A $20 SAVINGS CARD
With any purchase of $75 or more before taxes when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card. See below for details.

HUDSON'S BAY

Savings for all offers are off our regular prices, unless otherwise specified. Exclusions may apply. See in store for details. Sale ends Thursday, August 18, 2016. **HUDSON'S BAY SAVINGS CARD OFFER:** While quantities last. Redeemable on your next purchase of $100 or more before taxes from August 12 to August 25, 2016. Excludes Hudson's Bay Outlet, cosmetics, fragrances and Deal of the Day. One card per transaction. Not to be combined with any other offer. Other exclusions apply. See store for complete listing. No price adjustments on purchases prior to August 12, 2016. Hudson's Bay, Hudson's Bay Credit, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated.